

Friday, November 9th 2012 06:00



Cognitive stimulation therapy has already been used successfully in group settings and is an alternative to drug treatment

Dementia sufferers in East Yorkshire are being offered the chance to trial a new type of treatment in their own homes.

Cognitive stimulation therapy has already been used successfully in group settings, and is an alternative to drug treatment.

Professor Esme Moniz-Cook from Humber NHS says there are a number of activities participants can choose from, all of which involve keeping the brain stimulated and active.

For more information go to <http://www.challengedemcare.com/> or call 01482 301 844.