



Lauren Sugden BSc
Research Assistant

Humber NHS Foundation Trust

Lauren graduated in 2014 from the University of Birmingham with BSc Honours in Psychology. During her time at university, she volunteered as an assistant to a postgraduate psycholinguistic researcher, and completed her final year research project in the field of Health Psychology. Since graduating, Lauren worked in the community as a home care worker. This was primarily with older adults, many of whom had a dementia, along with other mental health illnesses. Lauren joined the Dementia Research Team as a Research Assistant in April 2015.