



**Dr Ian James PhD**

Head of Newcastle Challenging Behaviour Team

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Dr Ian James is Head of Newcastle Challenging Behaviour Team, and is a Clinical Psychologist at the Centre for the Health of the Elderly, Newcastle upon Tyne. He has been working with older people for 13 years. Ian has special interests in challenging behaviour and dementia, conceptualisation and competence in therapy. He also has a keen interest in cognitive therapy, interpersonal therapy and training.

Ian, originally from Liverpool, undertook his undergraduate degree in psychology at Aberdeen University, before undertaking a PhD in memory at Lancaster University. Following this he began his clinical training on the Isle of Wight, completing the academic work at Newcastle University in 1993. Since then he has worked in the Newcastle Cognitive Therapy Centre. In 1997 he moved to Newcastle Older People's Services, and has been leading the Challenging Behaviour Team since 1999. He has published over 100 articles, and his latest book is entitled *Cognitive Behaviour Therapy with Older People: interventions for those with and without dementia* (2010).