



Cathryn Hart (BSc, MSc)
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Cathryn has worked in various research posts, mainly health-related, since graduating in 1993. Her first post was at the Office of National Statistics (formerly OPCS) in London working on national longitudinal government surveys. She then moved to academic public health research at Glasgow University in 1995 and led research projects on GP commissioning (funded by NHS R&D) and asthma medication compliance in pre-school children (funded by National Asthma Campaign).

In 2002 Cathryn moved back to her native North Yorkshire and began working for York Teaching Hospital NHS Foundation Trust as a Trial Coordinator on a study of depression in care homes and the effect of occupational therapy (funded by Health Foundation), She then became a Senior Researcher for an Alliance of NHS trusts in North Yorkshire, providing research advice, training and governance services to health professionals across a number of acute and primary care trusts.

Cathryn moved to Humber NHS Foundation Trust in 2008 managing a £2million NIHR programme of dementia research known as Challenge DemCare. In 2014 she took on the role of Head of R&D, alongside managing a portfolio of dementia studies. Then in August 2016 Cathryn was appointed as Assistant Director R&D and is also a Principal Investigator on a number of studies.